

# Health Care Provider Fact Sheet

## Disease Name

## Beta-ketothiolase deficiency

### Alternate name(s)

Alpha-methylacetoacetic aciduria, 2-methyl-3-hydroxybutyric acidemia, Mitochondrial acetoacetyl-CoA thiolase deficiency, MAT deficiency, T2 deficiency, 3-oxothiolase deficiency, 3-ketothiolase deficiency, 3-KTD deficiency  
BKD  
Organic Acid Disorder

### Acronym

### Disease Classification

### Variants

### Variant name

### Symptom onset

No, but there is considerable clinical heterogeneity

N/A

Late infancy or childhood. Mean age at presentation is 15 months (range 3 days to 48 months). There are documented cases of asymptomatic patients with enzyme deficiency. Frequency of decompensation attacks falls with age and is uncommon after the age of 10.

### Symptoms

Symptoms include intermittent episodes of severe metabolic acidosis and ketosis accompanied by vomiting (often hematemesis), diarrhea and coma that may progress to death. There is great clinical heterogeneity between patients. Infancy is the period of highest risk for decompensation. Death or neurologic complications can occur. Neurologic damage includes striatal necrosis of the basal ganglia, dystonia and/or mental retardation. Other symptoms include cardiomyopathy, prolonged QT interval, neutropenia, thrombocytopenia, poor weight gain, renal failure and short stature. If neurologically intact, patients are normal between episodes.

### Natural history without treatment

Clinical outcome varies widely with a few patients suffering severe psychomotor retardation or death as a result of their initial attack and others with normal development and no episodes of acidosis.

### Natural history with treatment

Despite severe recurrent attacks, appropriate supportive care can result in normal development.

### Treatment

Avoidance of fasting. Bicarbonate therapy and intravenous glucose in acute crises. Possible protein restriction. Consider carnitine supplementation.

### Emergency Medical Treatment

See sheet from American College of Medical Genetics (attached) or for more information, go to website:

<http://www.acmg.net/StaticContent/ACT/C5-OH.pdf>

### Physical phenotype

No dysmorphisms

### Inheritance

Autosomal recessive

### General population incidence

unknown

### Ethnic differences

None known

### Population

N/A

### Ethnic incidence

N/A

### Enzyme location

Converts 2-methylacetoacetyl-CoA to propionyl-CoA and acetyl-CoA.

### Enzyme Function

Catalyzes the decarboxylation of oxoacids.

### Missing Enzyme

Mitochondrial acetoacetyl-CoA thiolase enzyme

### Metabolite changes

Increased urinary excretion of 2-methyl-3-hydroxybutyric acid, 2-methylacetoacetic acid, tiglylglycine, 2-butanone, and ketone bodies (acetoacetic acid, 3-hydroxybutyric acid).

### Prenatal testing

Enzyme analysis in amniocytes or CVS tissue. If mutations have been identified, DNA testing is possible.

### MS/MS Profile

C5:1 tiglylcarnitine – elevated

### OMIM Link

[www.ncbi.nlm.nih.gov/entrez/dispomim.cgi?id=203750](http://www.ncbi.nlm.nih.gov/entrez/dispomim.cgi?id=203750)

### Genetests Link

[www.genetests.org](http://www.genetests.org)

### Support Group

Organic Acidemia Association

[www.oaanews.org](http://www.oaanews.org)

Save Babies through Screening Foundation

[www.savebabies.org](http://www.savebabies.org)

Genetic Alliance

[www.geneticalliance.org](http://www.geneticalliance.org)

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